Family Update 02/12/21

Skilled Nursing and Assisted Living Centers

During our latest round of weekly testing, we have no positive test results in either residents or staff.

Guided Indoor Visitations:

We are so pleased to now be able to offer indoor visits for our residents beginning 2/16/21. There are still many guidelines from the Maryland Department of Health (MDH) that we must follow but we have planned a process that we believe allows for the best experience for indoor visitation and provides maximum protection for our residents and staff. It is of utmost importance to follow all of the guidelines. Noncompliance by visitors, according to MDH, will result in a 2-week isolation period for the resident and potential withdrawal of visitation privileges for the visitor. We know how frustrating it can be to not touch or hug your loved one. But we also know that seeing your face and hearing your voice is bringing them much pleasure right now. We look forward to the day when we can return to normal visitation, however that time is not now. Please review the following guidelines, which for the residents' protection, will be strictly enforced. Except where noted, these rules apply to all centers: the skilled nursing building, the Gardens and Memory Care.

- Two visitors over the age of 18 per session are permitted.
- Per the Maryland Department of Health and upon Governor Hogan's directives, visitors must have a recent COVID-19 test within 72 hours of their scheduled visit and provide a copy of the test to Sagepoint upon arrival for the visit. Acquiring COVID-19 testing is the responsibility of the visitor.
- Visitors will remain masked at all times and remain in the designated seating area 6 feet away from the resident and on the opposite side of the divider.
- All visitors will be screened and must hand sanitize before entering the building. You will also be asked to sign an acknowledgement that you have read and understand the policies.
- Visitors will be limited to the designated area only. Visits to the patient room are not allowed at this time. The visits will take place in the following areas:
 - o The Skilled Nursing Facility:
 - The designated visitation area is in the Red Room.
 - o The Gardens:
 - Visits will take place in the front sun room of each house.
 - o Memory Care:
 - Visits will take place in the first-floor lobby.
- Sessions will be 30 minutes at the maximum.
- All visits will be accompanied by a staff member. Please follow their requests.
- All visits must be scheduled in advance. We cannot accommodate walk up visits.
- To schedule a visitation, contact the following:
 - The Gardens and Memory Care:
 - Yolanda Medley: <u>ymedley@sagepointcare.org</u> or call 301-934-0222
 - o The Skilled Nursing Facility:

• Esmerelda Cline: ecline@sagepointcare.org or call 301-934-1900 ext. 347

- The hours for appointments for visits are **Tuesday through Saturday**, **10:00AM 6:00PM**.
- No food or drink can be consumed during visitation because masking at all times is required.
- We know you want to hug your family member when you see them. It is necessary that all visitors must refrain from any physical contact. This includes touching, hand holding, hugging and hair cutting. Any violation of these guidelines could result in an isolation of the resident for a two-week period per MDH. We want to prevent this at all measures and visitor's adherence to this procedure will result in the prevention of that outcome.
- Residents who are on transmission-based precautions for COVID-19 will only receive visits that are virtual or through closed windows. Once their observation period is over, indoor visits may resume.
- Should the results of on-going testing result in one positive test of staff or resident, Maryland Department of Health requires us to discontinue indoor visits for 2 weeks. We will communicate that information to you here, through the website. Should that happen, outdoor visits will continue to be available.
- Any questions you have may be addressed to Yolanda Medley (Assisted Living and Memory Care) or Esmerelda Cline (Skilled Nursing Facility) at the contact numbers above.