

Sun**Mon****Tue****Wed****Thu****Fri****Sat**

February 2020

Sagepoint Senior Living Services**Unit 200**10200 La Plata Road
La Plata, Maryland 20646
301.934.1900**1**
10:00 CC Four
Square Church (R)
1:30 Smith & Alexander
Chapel (R)
3:00 Manicures (A)**2**
Groundhog Day
10:30 Red Room
Special Feature (R)
2:00 La Plata AME (R)
Superball LIV
CH: Fox 6:30 pm**3**
10:10 Sing A Long
10:50 Sit and Be Fit
11:20 5 Alive Sensory
3:30 Moving and Grooving
4:00 IN2L laughter
4:15 Cognitive Challenge**4**
Shelby B. Birthday
10:10 Sing A Long
10:50 Sit and Be Fit
11:20 5 Alive Sensory
3:30 Moving and Grooving
4:00 IN2L Penny Postcards
4:15 Cognitive Challenge**5**
10:10 Sing A Long
10:50 Sit and Be Fit
11:20 5 Alive Sensory
3:30 Moving and Grooving
4:00 IN2L Timeslips
4:15 Cognitive Challenge**6**
10:10 Sing A Long
10:50 Sit and Be Fit
11:20 5 Alive Sensory
3:30 Moving and Grooving
4:00 IN2L Short Stories
4:15 Cognitive Challenge**7**
National Wear Red Day
10:10 Sing A Long
10:50 Sit and Be Fit
11:20 5 Alive Sensory
3:30 Moving and Grooving
4:00 IN2L Lifelong Learning
4:15 Cognitive Challenge**8**
Florence W. 100th
Michael F. Birthday
10:00 Tabernacle of
Prayer Church (R)
2:30 **Florence**
Weatherington's 100th
Birthday Party (D)**9**
Myrtle E. Birthday
10:00 Bowling (R)
1:30 La Plata United
Methodist Church (R)**10**
10:10 Sing A Long
10:50 Sit and Be Fit
11:20 5 Alive Sensory
3:30 Moving and Grooving
4:00 IN2L laughter
4:15 Cognitive Challenge**11**
10:10 Sing A Long
10:50 Sit and Be Fit
11:20 5 Alive Sensory
3:30 Moving and Grooving
4:00 IN2L Penny Postcards
4:15 Cognitive Challenge**12**
Cecelia Y. Birthday
10:10 Sing A Long
10:50 Sit and Be Fit
11:20 5 Alive Sensory
3:30 Moving and Grooving
4:00 IN2L Timeslips
4:15 Cognitive Challenge**13**
Charles B. & Mary P.
Birthday
10:10 Sing A Long
10:50 Sit and Be Fit
11:20 5 Alive Sensory
3:30 Moving and Grooving
4:00 IN2L Short Stories
4:15 Cognitive Challenge**14**
Valentines Day
10:10 Sing A Long
10:50 Sit and Be Fit
11:20 5 Alive Sensory
3:30 Moving and Grooving
4:00 IN2L Lifelong Learning
4:15 Cognitive Challenge**15**
Naomi S. Birthday
9:30 House of Bread
Christian Service (R)
11:00 Waldorf
Church (R)
2:00 Manicures (A)**16**
Betty R & James T.
Birthday
10:00 Family Feud (R)
2:30 Daytona 500
Viewing (R)
Daytona 500
Ch: Fox**17**
Marth A. Birthday
Presidents Day
10:10 Sing A Long
10:50 Sit and Be Fit
11:20 5 Alive Sensory
3:30 Moving and Grooving
4:00 IN2L laughter
4:15 Cognitive Challenge**18**
Osmany P. Birthday
10:10 Sing A Long
10:50 Sit and Be Fit
11:20 5 Alive Sensory
3:30 Moving and Grooving
4:00 IN2L Penny Postcards
4:15 Cognitive Challenge**19**
10:10 Sing A Long
10:50 Sit and Be Fit
11:20 5 Alive Sensory
3:30 Moving and Grooving
4:00 IN2L Timeslips
4:15 Cognitive Challenge**20**
10:10 Sit and Be Fit
10:50 Sing A Long
11:20 5 Alive Sensory
3:30 Moving and Grooving
4:00 IN2L Short Stories
4:15 Cognitive Challenge**21**
National Caregivers Day
10:10 Sing A Long
10:50 Sit and Be Fit
11:20 5 Alive Sensory
3:30 Moving and Grooving
4:00 IN2L Lifelong Learning
4:15 Cognitive Challenge**22**
10:00 Jaycee's Bingo (D)
1:15 Manicures (A)
2:30 Sharon's Studio of
Dance (R)**23**
10:00 Jeopardy (R)
2:00 Bowling (R)**24**
10:10 Sing A Long
10:50 Sit and Be Fit
11:20 5 Alive Sensory
3:30 Moving and Grooving
4:00 IN2L laughter
4:15 Cognitive Challenge**25**
Shrove Tuesday
10:10 Sing A Long
10:50 Sit and Be Fit
11:20 5 Alive Sensory
3:30 Moving and Grooving
4:00 IN2L Penny Postcards
4:15 Cognitive Challenge**26**
Joyce W. Birthday
Ash Wednesday
10:10 Sing A Long
10:50 Sit and Be Fit
11:20 5 Alive Sensory
3:30 Moving and Grooving
4:00 IN2L Timeslips
4:15 Cognitive Challenge**27**
10:10 Sing A Long
10:50 Sit and Be Fit
11:20 5 Alive Sensory
3:30 Moving and Grooving
4:00 IN2L Short Stories
4:15 Cognitive Challenge**28**
10:10 Sing A Long
10:50 Sit and Be Fit
11:20 5 Alive Sensory
3:30 Moving and Grooving
4:00 IN2L Lifelong Learning
4:15 Cognitive Challenge**29**
10:00 Leap Year
Trivia (R)
1:15 Manicures (A)
2:30 Home for
Christ Church (R)**Red Room (R), Dining Room (D), Unit Day Area (U), Facility Wide (FW), Rehab Day Area (N) Activities Room (A) Communion Delivered Weekly, Events and Locations are Subject to Change, Volunteers Visit Daily, Manicure and Outing Requests to be directed to the Activities Department.**