

Sun

Mon

Tue

Wed

Thu

Fri

Sat

February 2020

Sagepoint Senior Living Services
Adult Day Services - Special Needs Unit
10200 La Plata Road
La Plata, Maryland 20646
301.934.1900

1
10:00 B-I-N-G-O
12:45 Sit & Be Fit
1:30 Laugh Out Loud

Birthstone
Amethyst
Flower
Primrose Violet

3
10:00 Basket Toss
12:45 Manicures
1:30 Belly Laughs

4
10:00 Bible Quotes
and Hymns
12:45 5 Alive
1:30 Tactile Textures

5
10:30 Clown Toss
12:45 Pass the Pickle
1:30 Colors and Sights

6
10:00 Greeting the Day
12:45 Tic Tac Toe Toss
1:30 5 Alive

7
10:00 5 Alive
12:45 Hand Rubs
1:30 Lights and
Sounds

8
10:00 B-I-N-G-O
12:45 Balloon
Volleyball
1:30 Person, Place or
Thing Trivia

Daily Events:
9:00 Breakfast
11:00 Lunch
12:00 News Review
2:00 Snack
2:30 Relaxation
3:00 Departure

10
10:00 5 Alive
12:45 Manicures
**1:30 United Praise
Team**

11
10:00 Bible Quotes
and Hymns
12:45 5 Alive
1:30 Tactile Textures

12
10:00 5 Alive
12:45 Familiar Notes
1:30 Aromatherapy

13
10:00 Greeting the Day
12:45 Tic Tac Toe Toss
1:30 5 Alive

14
10:00 5 Alive
12:45 Hand Rubs
1:30 Valentines Day
Party

15
10:00 B-I-N-G-O
12:45 Kickball
1:30 Laughter is the
Best RX

**Astrological
Signs**
Aquarius:
Jan 20 - Feb 18th
Pisces:
Feb 19th - Mar 20

17
10:00 Hand over Hand
Basket Toss
12:45 Manicures
1:30 Balloon Brawl

18
10:00 Bible Study
12:45 Music Mayhem
1:30 Beach Ball Swat

19
10:00 Clown Toss
12:45 Short Stories
1:00 Birthday Party

20
10:00 Bible Study
12:45 5 Alive
1:30 Parachute
Exercise

21
10:00 5 Alive
12:45 Hand Rubs
1:30 Lights and
Sounds

22
10:00 Jaycee's
B-I-N-G-O (D)
12:45 Music in Motion
1:30 The Good Old
Days Reminiscing

**Events and
Locations are
Subject to Change
Volunteers Visit
Daily**

24
10:00 5 Alive
12:45 Manicures
**1:30 United Praise
Team**

25
10:00 Bible Study
12:45 5 Alive
1:30 Parachute
Exercise

26
10:00 Clown Toss
12:45 Short Stories
1:00 Name that Sound

27
10:00 Categories
12:45 Tactile Textures
1:30 5 Alive

28
10:00 5 Alive
12:30 Hand Rubs
1:30 Balloon Touch

29
10:00 B-I-N-G-O (D)
12:45 When I Was...
Discussion
1:30 Opposites Trivia