

Sun

Mon

Tue

Wed

Thu

Fri

Sat

October 2019

Sagepoint Senior Living Services
Adult Day Services
10200 La Plata Road
La Plata, Maryland 20646
301.934.1900

1
10:00 "A" my name is....
12:45 Simon Says
1:30 Pictionary

2
10:00 Side Ways
12:45 Beach Ball Bounce
1:30 Breast Cancer Awareness Ribbon Craft

3
10:00 B-I-N-G-O
12:45 Exploring USA— Illinois
1:30 Pass the Pickle

4
10:30 Team Bowling
12:45 Horseraces!!
1:30 Month Ahead Discussion

5
10:00 B-I-N-G-O
12:45 Sit & Be Fit
1:30 Laugh Out Loud

Birthstone
Opal
Flower
Marigold

7
Terrence W. & Alice J. Birthday
10:00 Family Feud
12:45 This Day in Age....
1:30 Hot Potato

8
Nat S. Birthday
10:00 Weather Folklore*
12:45 Chair Dancing
1:30 Sing Along

9
10:00 Hangman
12:45 Music in Motion
1:30 October Trivialities

10
10:00 B-I-N-G-O
12:45 Grace Lutheran
1:30 Table Pong

11
10:30 Clown Toss
12:30 Proverbs
1:30 Movie & Popcorn

12
10:00 B-I-N-G-O
12:45 Balloon Volleyball
1:30 Person, Place or Thing Trivia

Daily Events:
9:00 Breakfast
11:00 Lunch
12:00 News Review
2:00 Snack
2:30 Relaxation
3:00 Departure

14
10:30 Thesaurus Challenge
12:45 Sit & Be Fit
1:15 United Praise Team

15
10:00 Mummy Race
12:45 Haunted Maryland
1:30 Putt Putt Golf

16
Dictionary Day Bosses Day
10:00 Parachute Play
12:45 Spelling Bee
1:30 Unscramble!! HALLOWEEN

17
National Dress Gaudy Day
10:00 B-I-N-G-O
12:45 Charades
1:30 Ball Brawl

18
10:30 Team Bowling
12:45 Exploring USA— Indiana
1:30 Wii - ING Around

19
10:00 B-I-N-G-O
12:45 Kickball
1:30 Laughter is the Best RX

Mary P. Birthday
Astrological Signs
Libra:
23 Sept - Oct 22
Scorpio:
23 Oct - Nov 21

21
Moses R. & Sherrie T. Birthday
10:00 What Would You Do?
12:45 Body in Motion
1:15 Lady Pedicures

22
10:00 I spy....
12:45 Scary Symbols*
1:30 Activity Satisfaction/Ideas Discussion

23
10:00 Chair Exercises
12:45 20 Questions
1:30 Birthday Party

24
10:00 L.O.C. B-I-N-G-O (D)
12:45 Grace Lutheran
1:30 Pumpkin Pie Social

25
Cassandra B. Birthday
10:30 Clown Toss
12:30 "A" my name is ...
1:30 Pumpkin Projects!!

26
10:00 Jaycee's B-I-N-G-O (D)
12:45 Music in Motion
1:30 The Good Old Days Reminiscing

Donna M. Birthday

Events and Locations are Subject to Change
Volunteers Visit Daily

28
10:00 Have You Ever...
12:45 Sit & Be Fit
1:15 United Praise Team

29
Curtis F. Birthday
10:00 Name that Sound
12:45 Exploring USA - Iowa
1:30 Table Games

30
10:00 Parachute Play!!
12:45 Halloween Mad Libs
1:30 In the Kitchen: Carmel Apples

31
Halloween
10:00 B-I-N-G-O
12:45 Face Painting
1:30 Halloween Party!!!

NOTES:

