

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:30 Bowling (R) 2:00 La Plata AME (R)	2 Virginia R. Birthday 10:10 Sing A Long 10:50 Sit and Be Fit 11:20 5 Alive Sensory 3:30 Moving and Grooving 4:00 IN2L laughter 4:15 Cognitive Challenge	3 Audrey C. Birthday 10:10 Sing A Long 10:50 Sit and Be Fit 11:20 5 Alive Sensory 3:30 Moving and Grooving 4:00 IN2L Penny Postcards 4:15 Cognitive Challenge	4 10:10 Sing A Long 10:50 Sit and Be Fit 11:20 5 Alive Sensory 3:30 Moving and Grooving 4:00 IN2L Timeslips 4:15 Cognitive Challenge	5 Robert Z. Birthday 10:10 Sing A Long 10:50 Sit and Be Fit 11:20 5 Alive Sensory 3:30 Moving and Grooving 4:00 IN2L Short Stories 4:15 Cognitive Challenge	6 10:10 Sing A Long 10:50 Sit and Be Fit 11:20 5 Alive Sensory 3:30 Moving and Grooving 4:00 IN2L Lifelong Learning 4:15 Cognitive Challenge	7 10:00 CC Four Square Church (R) 2:30 Manicures (A)
8 Blanch W. & Olive W. Birthday 10:00 Family Feud (R) 1:30 La Plata United Methodist Church (R)	9 10:10 Sing A Long 10:50 Sit and Be Fit 11:20 5 Alive Sensory 3:30 Moving and Grooving 4:00 IN2L laughter 4:15 Cognitive Challenge	10 10:10 Sing A Long 10:50 Sit and Be Fit 11:20 5 Alive Sensory 3:30 Moving and Grooving 4:00 IN2L Penny Postcards 4:15 Cognitive Challenge	11 10:10 Sing A Long 10:50 Sit and Be Fit 11:20 5 Alive Sensory 3:30 Moving and Grooving 4:00 IN2L Timeslips 4:15 Cognitive Challenge	12 10:10 Sing A Long 10:50 Sit and Be Fit 11:20 5 Alive Sensory 3:30 Moving and Grooving 4:00 IN2L Short Stories 4:15 Cognitive Challenge	13 Earlyne T. Birthday 10:10 Sing A Long 10:50 Sit and Be Fit 11:20 5 Alive Sensory 3:30 Moving and Grooving 4:00 IN2L Lifelong Learning 4:15 Cognitive Challenge	14 Michele H. Birthday 10:00 Tabernacle of Prayer Church (R) 2:00 One Accord Gospel (R)
15 Hessie W. Birthday 10:00 Manicures with Liz (FW) 2:00 Independent Wagon (FW)	16 10:10 Sing A Long 10:50 Sit and Be Fit 11:20 5 Alive Sensory 3:30 Moving and Grooving 4:00 IN2L laughter 4:15 Cognitive Challenge	17 10:10 Sing A Long 10:50 Sit and Be Fit 11:20 5 Alive Sensory 3:30 Moving and Grooving 4:00 IN2L Penny Postcards 4:15 Cognitive Challenge	18 10:10 Sing A Long 10:50 Sit and Be Fit 11:20 5 Alive Sensory 3:30 Moving and Grooving 4:00 IN2L Timeslips 4:15 Cognitive Challenge	19 10:10 Sit and Be Fit 10:50 Sing A Long 11:20 5 Alive Sensory 3:30 Moving and Grooving 4:00 IN2L Short Stories 4:15 Cognitive Challenge	20 10:10 Sing A Long 10:50 Sit and Be Fit 11:20 5 Alive Sensory 3:30 Moving and Grooving 4:00 IN2L Lifelong Learning 4:15 Cognitive Challenge	21 9:30 House of Bread Christian Service (R) 11:00 Waldorf Church (R) 2:00 Manicures (A)
22 10:00 Jeopardy (R) 2:00 Bowling (O)	26 Verna D. Birthday 10:10 Sing A Long 10:50 Sit and Be Fit 11:20 5 Alive Sensory 3:30 Moving and Grooving 4:00 IN2L laughter 4:15 Cognitive Challenge	27 John W. Birthday 10:10 Sing A Long 10:50 Sit and Be Fit 11:20 5 Alive Sensory 3:30 Moving and Grooving 4:00 IN2L Penny Postcards 4:15 Cognitive Challenge	28 10:10 Sing A Long 10:50 Sit and Be Fit 11:20 5 Alive Sensory 3:30 Moving and Grooving 4:00 IN2L Timeslips 4:15 Cognitive Challenge	22 10:10 Sing A Long 10:50 Sit and Be Fit 11:20 5 Alive Sensory 3:30 Moving and Grooving 4:00 IN2L Short Stories 4:15 Cognitive Challenge	23 Melba C. & Mary B. Birthday 10:10 Sing A Long 10:50 Sit and Be Fit 11:20 5 Alive Sensory 3:30 Moving and Grooving 4:00 IN2L Lifelong Learning 4:15 Cognitive Challenge	28 Addie W. Birthday 10:00 Jaycee's Bingo (D) 1:15 Manicures (A) 2:30 Home for Christ Church (R)
29 James S. Birthday 10:00 Patio Social with Ice Cream (O) 2:00 Penny Pitch (R)	26 Doris B. Birthday 10:10 Sing A Long 10:50 Sit and Be Fit 11:20 5 Alive Sensory 3:30 Moving and Grooving 4:00 IN2L laughter 4:15 Cognitive Challenge	<h1>September 2019</h1> <p>Sagepoint Senior Living Services - Unit 200 10200 La Plata Road La Plata, Maryland 20646 301.934.1900</p>				

Red Room (R), Dining Room (D), Unit Day Area (U), Facility Wide (FW), Rehab Day Area (N) Activities Room (A) Communion Delivered Weekly, Events and Locations are Subject to Change, Volunteers Visit Daily, Manicure and Outing Requests to be directed to the Activities Department.