

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
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| NOTES: <hr/> <hr/> <hr/> <hr/> | 2 Labor Day | 3 10:00 Old Wives Tales 12:45 Simon Says 1:30 Pictionary | 4 10:00 Side Ways 12:45 Beach Ball Bounce 1:30 All in the Family | 5 10:00 B-I-N-G-O 12:45 Exploring USA—Hawaii 1:30 Pass the Pickle | 6 10:30 Team Bowling 12:45 Horseraces!! 1:30 Month Ahead Discussion | 7 10:00 B-I-N-G-O 12:45 Sit & Be Fit 1:30 Laugh Out Loud |
| Birthstone Sapphire Flower Morning Glory | 9 Azeezah A. Birthday 10:30 Just Saying 12:45 Sit & Be Fit 1:15 United Praise Team | 10 10:00 You be the Judge 12:45 Chair Dancing 1:30 Sing Along | 11 10:00 Hangman 12:45 Music in Motion 1:30 September Trivialities | 12 10:00 B-I-N-G-O 12:45 Grace Lutheran 1:30 Volleyball | 13 Fair Day 10:30 Clown Toss 12:30 Proverbs 1:30 Name that Tune Fair Outing | 14 Olivet W & Taneka D Birthday 10:00 B-I-N-G-O 12:45 Balloon Volleyball 1:30 Person, Place or Thing Trivia |
| Daily Events: 9:00 Breakfast 11:00 Lunch 12:00 News Review 2:00 Snack 2:30 Relaxation 3:00 Departure | 16 Dorothy P. Birthday 10:00 What Would You Do? 12:45 Body in Motion 1:15 Woof Entertainment (R) | 17 10:00 Family Feud 12:45 On This Day 1:30 Paper Airplane Contest | 18 10:00 Parachute Play 12:45 Charades 1:00 Shortcut Sunny | 19 Bettie S. Birthday All Day BINGO!! 10:00 B-I-N-G-O 12:45 B-I-N-G-O 1:30 B-I-N-G-O | 20 10:30 Team Bowling 12:45 Exploring USA—Georgia 1:30 Funnel Cakes and Ice Cream! | 21 10:00 B-I-N-G-O 12:45 Kickball 1:30 Laughter is the Best RX |
| September 16 - 20 Adult Day Services Week September 16 - 20 | | | | | | |
| Astrological Signs Virgo: 23 Aug - Sept 22 Libra: 23 Sept - Oct 22 | 23 10:00 Have You Ever... 12:45 Sit & Be Fit 1:15 United Praise Team | 24 10:00 Football Follies 12:45 Name that Sound 1:30 Activity Satisfaction/Ideas Discussion | 25 10:00 Chair Exercises 12:45 20 Questions 1:30 Birthday Party | 26 10:00 L.O.C. B-I-N-G-O (D) 12:45 Grace Lutheran 1:30 Apple Cider Social | 27 10:30 Clown Toss 12:30 "A" my name is ... 1:30 Minute to Win It | 28 10:00 Jaycee's B-I-N-G-O (D) 12:45 Music in Motion 1:30 The Good Old Days Reminiscing |
| Events and Locations are Subject to Change Volunteers Visit Daily | 30 10:00 Sports Clichés 12:45 Exploring USA—Idaho 1:30 Leaf Rubbing | <h1>September 2019</h1> <p>Sagepoint Senior Living Services Adult Day Services 10200 La Plata Road La Plata, Maryland 20646 301.934.1900</p> | | | | |