December 2017

Sagepoint Senior Living Services
Adult Day Services - Special Needs Unit
10200 La Plata Road
La Plata, Maryland 20646
301.934.1900

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 10:00 5 Alive 12:45 Hand Rubs 1:30 Tactile Textures	**2** 10:00 B-I-N-G-O 12:45 Sit and Be Fit 1:15 Hot Tea Social
Notes: _____ _____ _____ _____ _____ _____ _____	**4** 10:00 5 Alive 12:45 Lotion Rubs 1:30 Simon Says	**5** 10:00 5 Alive 12:45 Bible Hymns 1:30 Music and Motion	**6** 10:00 5 Alive 12:45 Primp and Prep 1:30 I remember When…	**7** 10:00 5 Alive 12:45 Balloon Swat 1:30 Hand Massages	**8** 10:00 5 Alive 12:45 Hand Rubs 1:30 Colors and Sounds	**9** 10:00 B-I-N-G-O 12:45 Sit and Be Fit 1:15 Short Stories
Birthstone ***Turquoise*** ***Flower*** ***Holly***	**11** 10:00 5 Alive 12:45 Lotion Rubs **1:30 United Praise Team**	**12** 10:00 5 Alive 12:45 Bible Hymns 1:30 Colors and Sounds	**13** 10:00 5 Alive 12:45 Tactile Textures Trivia 1:30 Making Music	**14** 10:00 5 Alive 12:45 Ribbon Dance 1:30 Balloon Swat	**15** 10:00 5 Alive 12:45 Balloon Touch 1:30 Parachute Exercise	**16** **Cassandra M. Birthday** 10:00 B-I-N-G-O 12:45 Sit and Be Fit 1:15 Back in the day…
Astrological Signs ***Sagittarius*** ***Nov 22 - Dec 21*** ***Capricorn*** ***Dec 22 - Jan 19***	**18** **10:00 Port Tobacco Players (R)** 12:45 Lotion Rubs 1:30 Read Out Loud	**19** 10:00 5 Alive 12:45 Bible Hymns 1:15 Music and Motion	**20** 10:00 5 Alive 12:45 Short Stories 1:30 Birthday Party	**21 Winter Solstice** 10:00 5 Alive 12:45 Ribbon Dance 1:30 Balloon Swat	**22** 10:00 5 Alive 12:45 Categories 1:30 Laughter is the Best RX	**23** 10:00 B-I-N-G-O 12:45 Sit and Be Fit 1:15 My Favorite Sing Along
Daily Events: **9:00 Breakfast** **11:00 Lunch** **12:00 News Review** **2:00 Snack** **2:30 Relaxation** **3:00 Departure**	**25** 	**26** 10:00 5 Alive 12:45 Bible Hymns 1:30 Touch and Textures	**27** 10:00 5 Alive 12:45 Hand Over Hand Basket Toss 1:30 Music Mayhem	**28** 10:00 5 Alive 12:45 Comforting Sights and Sounds 1:30 Moving and Grooving Hand Over Hand ROM	**29** 10:00 5 Alive 12:30 Balloon Swat 1:30 Parachute Exercise	**30** 10:00 B-I-N-G-O 12:45 Sit and Be Fit 1:15 Your 2018 Resolutions