

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<h1>November 2017</h1> <p>Sagepoint Senior Living Services - Adult Day Services 10200 La Plata Road La Plata, Maryland 20646 301.934.1900</p>							
Notes: <hr/> <hr/> <hr/> <hr/> <hr/>	6 10:00 Classics with Bob Clark (R) 12:45 Person, Place, or Thing Trivia 1:15 Charades	7 10:00 Table Games 12:45 Timeslips 1:15 Parachute Exercise	8 10:00 Sit and Be Fit 11:00 Catholic Mass (R) 12:45 I Spy... 1:15 Coffee Social	9 10:00 B-I-N-G-O 12:45 Tea Social 1:15 Hot Potato	10 10:30 Team Bowling 12:45 Horseracing 1:15 Happy Hour	11 Veteran's Day 10:00 B-I-N-G-O 12:45 Sit and Be Fit 1:15 Back in the day...	
	<u>Birthstone</u> Citrine Flower Chrysanthemum	13 10:00 Charles County Senior Show Troupe (R) 12:45 Stretch It Out Exercise 1:30 United	14 10:00 Table Games 12:45 When I was... 1:15 My Favorite Sing Along	15 10:00 Sit and Be Fit 12:45 Tea Social 1:15 Opposites Attract	16 10:00 B-I-N-G-O 12:45 Grace Lutheran 1:15 Thanksgiving Pastimes'	17 10:30 Team Bowling 12:45 Horseracing 1:15 Wheel of Fortune	18 10:00 B-I-N-G-O 12:45 Sit and Be Fit 1:15 My Favorite Sing Along
	<u>Astrological Signs</u> Scorpio <i>Oct 22 - Nov 21</i> Sagittarius <i>Nov 22 - Dec 21</i>	20 10:00 Port Tobacco Players (R) 12:45 Columbus Day Facts 1:15 Balloon Volleyball	21 10:00 Table Games 12:45 Timeslips 1:15 Parachute Exercise	22 10:00 Sit and Be Fit 11:00 Catholic Mass (R) 12:45 Opposites Trivia 1:15 B-I-N-G-O	23 Happy Thanksgiving Eric M. Birthday	24 Sherman M. Birthday 10:00 Team Bowling 12:30 Linda on Keyboard 1:15 Birthday Party!	25 10:00 B-I-N-G-O 12:45 Sit and Be Fit 1:15 Weeks to Come Discussion
	Daily Events: 9:00 Breakfast 11:00 Lunch 12:00 News Review 2:00 Snack 2:30 Relaxation 3:00 Departure	27 10:00 Table Games 12:45 Simon Says 1:30 United Praise Team	28 10:00 Table Games 12:45 Proverbs 1:15 Pizza Party	29 10:00 Sit and Be Fit 12:45 Best Rx 1:15 My favorite Sing Along	30 James B. Birthday 10:00 L.O.C. B-I-N-G-O (D) 12:45 Ring Toss 1:15 Hangman		