


Sun	Mon	Tue	Wed	Thu	Fri	Sat
Notes: <hr/> <hr/> <hr/> <hr/> <hr/>	2 10:00 Charades 12:45 Person, Place, or Thing Trivia 1:15 Breast Cancer Awareness Discussion	3 10:00 Table Games 12:45 Timeslips 1:15 Parachute Exercise	4 10:00 Sit and Be Fit 12:45 Best Rx 1:15 October Trivialities	5 10:00 B-I-N-G-O 12:45 Grace Lutheran 1:15 Hot Potato	6 10:30 Team Bowling 12:45 Horseracing 1:15 Group Activity Satisfaction Discussion	7 Terrence W. & Alice J. Birthday 10:00 B-I-N-G-O 12:45 Sit and Be Fit 1:15 Reminiscing
Harold M. Birthday <u>Birthstone</u> Opal <u>Flower</u> Marigold	9 10:00 Humor Hour 12:45 Stretch It Out Exercise 1:30 United Praise Team	10 10:00 Table Games 12:45 When I was... 1:15 My Favorite Sing Along	11 10:00 Sit and Be Fit 11:00 Catholic Mass (R) 12:45 I Spy... 1:15 Coffee Social	12 10:00 B-I-N-G-O 12:45 Tea Social 1:15 "How would you Handle...."	13 10:30 Team Bowling 12:45 Horseracing 1:15 Myths and Legends	14 10:00 B-I-N-G-O 12:45 Sit and Be Fit 1:15 Back in the day...
<u>Astrological Signs</u> Libra <i>Sept 23 - Oct 21</i> Scorpio <i>Oct 22 - Nov 21</i>	16 10:00 Port Tobacco Players (R) 12:45 Columbus Day Facts 1:15 Beach Volleyball	17 10:00 Table Games 12:45 Timeslips 1:15 Parachute Exercise	18 10:00 Sit and Be Fit 12:45 Tea Social 1:15 Opposites Attract	19 10:00 B-I-N-G-O 12:45 Grace Lutheran 1:15 Short Cut Sunny (R)	20 Richard W. Birthday 10:30 Team Bowling 12:45 Horseracing 1:15 Mummy Race	21 Moses R. & Sherrie T. Birthday 10:00 B-I-N-G-O 12:45 Sit and Be Fit 1:15 My Favorite Sing Along
Robert S. Birthday <u>Daily Events:</u> 9:00 Breakfast 11:00 Lunch 12:00 News Review 2:00 Snack 2:30 Relaxation 3:00 Departure	23 10:00 Table Games 12:45 Simon Says 1:30 United Praise Team	24 10:00 Reggie Rice Illusionist Extraordinaire (R) 12:45 Proverbs 1:15 Carving Pumpkins	25 10:00 Sit and Be Fit 11:00 Catholic Mass (R) 12:45 Opposites Trivia 1:15 Birthday Party	26 10:00 L.O.C. Bingo (D) 12:45 Tic, Tac, Toe 1:15 Horseracing	27 Donna M. Birthday 10:00 Team Bowling 12:30 Linda on Keyboard 1:15 You be the Judge!	28 10:00 Jay Cee's Bingo 12:45 Sit and Be Fit 1:15 Weeks to Come Discussion
	30 10:00 5 Alive 12:45 Lotion Rubs 1:15 Indoor Soccer	31 Susan C. Birthday 10:00 Table Games 12:45 Bible Hymns 1:15 Halloween Party & Costume Contest	<h1>October 2017</h1> <p>Sagepoint Senior Living Services - Adult Day Services 10200 La Plata Road La Plata, Maryland 20646 301.934.1900</p>			