

March 2017

Sagepoint Senior Living Services - Unit 200
10200 La Plata Road
La Plata, Maryland 20646 301.934.1900

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Mary N. Birthday 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 Café Corner 3:00 IN2L Timeslips 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge 5:30 Lotion Rubs 5:45 Timeslips Reminiscing 6:00 Calming Music	2 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Penny Postcards 2:00 Belly Laughs/Short Stories 2:30 Café Corner 3:00 IN2L Lifelong Learning 3:30 Exercise 3:45 IN2L Penny Postcards 4:15 Cognitive Challenge 5:30 Lotion Rubs 5:45 Tea and Reminiscing 6:00 Calming Music	3 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 Café Corner 3:00 IN2L Timeslips 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge 5:30 Lotion Rubs 5:45 Tea and Reminiscing 6:00 Calming Music	4 10:00 CC Four Square Church (R) 1:30 Smith and Alexander Chapel (R) 3:00 Sharon's Studio of Dance (R)
5 Evelyn D. Birthday 10:00 Jesus In the Morning with Harry Days (R) 11:00 Manicures (U to U) 1:30 LaPlata AME (R)	6 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 Café Corner 3:00 IN2L Timeslips 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge 5:30 Lotion Rubs 5:45 Tea and Reminiscing 6:00 Calming Music	7 Sidney N & Betty M. Birthday 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Penny Postcards 2:00 Belly Laughs/Short Stories 2:30 Café Corner 3:00 IN2L Lifelong Learning 3:30 Exercise 3:45 IN2L Penny Postcards 4:15 Cognitive Challenge	8 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 Café Corner 3:00 IN2L Timeslips 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge 5:30 Lotion Rubs 5:45 Timeslips Reminiscing 6:00 Calming Music	9 George B. Birthday 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Penny Postcards 2:00 Belly Laughs/Short Stories 2:30 Café Corner 3:00 IN2L Lifelong Learning 3:30 Exercise 3:45 IN2L Penny Postcards 4:15 Cognitive Challenge 5:30 Lotion Rubs 5:45 Tea and Reminiscing 6:00 Calming Music	10 Mary C. Birthday 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 Café Corner 3:00 IN2L Timeslips 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge	11 10:00 B-I-N-G-O (D) 1:30 Temple Church (R) 3:00 Laughter is the Best Medicine (R)
12 Daylight Savings 12 Daylight Savings Begins at 2am 10:00 Jesus In the Morning with Harry Days (R) 11:00 Manicures (U to U) 2:30 La Plata United Methodist Church (R)	13 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 Café Corner 3:00 IN2L Timeslips 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge	14 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Penny Postcards 2:00 Belly Laughs/Short Stories 2:30 Café Corner 3:00 IN2L Lifelong Learning 3:30 Exercise 3:45 IN2L Penny Postcards 4:15 Cognitive Challenge 5:30 Lotion Rubs 5:45 Tea and Reminiscing 6:00 Calming Music	15 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 Café Corner 3:00 IN2L Timeslips 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge 5:30 Lotion Rubs 5:45 Timeslips Reminiscing 6:00 Calming Music	16 Eulalia M & Pat W. Birthday 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Penny Postcards 2:00 Belly Laughs/Short Stories 2:30 Café Corner 3:00 IN2L Lifelong Learning 3:30 Exercise 3:45 IN2L Penny Postcards 4:15 Cognitive Challenge 5:30 Lotion Rubs 5:45 Tea and Reminiscing 6:00 Calming Music	17 St. Patrick's Day 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 Café Corner 3:00 IN2L Timeslips 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge 5:30 Lotion Rubs 5:45 Tea and Reminiscing 6:00 Calming Music	18 9:30 House of Bread Christian Service (R) 11:00 Waldorf Church (R) 2:30 La Plata Key Club (A)
19 10:00 Jesus In the Morning with Harry Days (R) 11:00 Manicures (U to U) 2:00 Calvary United Methodist (R)	20 Spring Begins 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 Café Corner 3:00 IN2L Timeslips 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge 5:30 Lotion Rubs 5:45 Tea and Reminiscing 6:00 Calming Music	21 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Penny Postcards 2:00 Belly Laughs/Short Stories 2:30 Café Corner 3:00 IN2L Lifelong Learning 3:30 Exercise 3:45 IN2L Penny Postcards 4:15 Cognitive Challenge 5:30 Lotion Rubs 5:45 Tea and Reminiscing 6:00 Calming Music	22 William F. & Mary H. Birthday 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 Café Corner 3:00 IN2L Timeslips 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge 5:30 Lotion Rubs 5:45 Tea and Reminiscing 6:00 Calming Music	23 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Penny Postcards 2:00 Belly Laughs/Short Stories 2:30 Café Corner 3:00 IN2L Lifelong Learning 3:30 Exercise 3:45 IN2L Penny Postcards 4:15 Cognitive Challenge 5:30 Lotion Rubs 5:45 Tea and Reminiscing 6:00 Calming Music	24 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 Café Corner 3:00 IN2L Timeslips 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge 5:30 Lotion Rubs 5:45 Tea and Reminiscing 6:00 Calming Music	25 Claudia F. Birthday 10:00 JayCee's Bingo (D) 1:00 Month in Review (U to U) 2:30 Home for Christ Church (R)
26 Dorothy U. Birthday 10:00 Jesus In the Morning with Harry Days (R) 11:00 Manicures (U to U) 2:00 Classic Movie Matinee (R)	27 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 Café Corner 3:00 IN2L Timeslips 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge 5:30 Lotion Rubs 5:45 Timeslips Reminiscing 6:00 Calming Music	28 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Penny Postcards 2:00 Belly Laughs/Short Stories 2:30 Café Corner 3:00 IN2L Lifelong Learning 3:30 Exercise 3:45 IN2L Penny Postcards 4:15 Cognitive Challenge 5:30 Lotion Rubs 5:45 Tea and Reminiscing 6:00 Calming Music	29 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 Café Corner 3:00 IN2L Timeslips 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge	30 Vada W. Birthday 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Penny Postcards 2:00 Belly Laughs/Short Stories 2:30 Café Corner 3:00 IN2L Lifelong Learning 3:30 Exercise 3:45 IN2L Penny Postcards 4:15 Cognitive Challenge 5:30 Lotion Rubs 5:45 Tea and Reminiscing 6:00 Calming Music	31 10:00 5 Alive Sensory 10:40 Snack Bar & Bible Study 10:55 Exercise 11:15 IN2L Lifelong Learning 2:00 Sing Along 2:30 Café Corner 3:00 IN2L Timeslips 3:30 Exercise 3:45 IN2L laugher 4:15 Cognitive Challenge	Red Room (R) Dining Room (D) Unit Day Room (U) Designated Unit: (U1)(U2)(U3) Unit to Unit (U to U) Out- doors (O) Communion Delivered Weekly Event Locations are Subject to Change Volunteers Visit Daily