

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<h1>March 2017</h1> <p>Sagepoint Senior Living Services Adult Day Services - Special Needs Unit 10200 La Plata Road La Plata, Maryland 20646 301.934.1900</p>			1 10:00 5 Alive 11:00 Catholic Mass (R) 12:45 Tactile Textures 1:30 Aromatherapy	2 10:00 Warm Towel Hot Potato 12:45 Grace Lutheran Worship Team 1:30 Timeslips	3 10:00 5 Alive 12:45 Hand Rubs 1:30 Lights and Sounds	4 10:00 B-I-N-G-O 12:45 Sit and Be Fit 1:15 February Trivialities
Birthstone Aquamarine Flower Daffodil Welcome Spring	6 10:00 St. Paul's Church Service (R) 12:45 Moving and Grooving Hand Over Hand ROM 1:30 Laughter is the Best RX	7 10:00 5 Alive 12:45 Manicures 1:30 Bible Hymns	8 10:00 5 Alive 12:45 Primp and Prep 1:30 Penny Postcards	9 10:00 5 Alive 12:45 Sing Along Tunes 1:30 Hand Massages	10 10:00 5 Alive 12:45 Balloon Touch 1:30 Music and Motion	11 10:00 B-I-N-G-O 12:45 Sit and Be Fit 1:15 Jeopardy
Daily Events: 9:00 Breakfast 11:00 Lunch 12:00 News Review 2:00 Snack 2:30 Relaxation 3:00 Departure	13 10:00 Port Tobacco Players (R) 12:45 Lotion Rubs 1:30 United Praise Team	14 10:00 5 Alive 12:45 Bible Hymns 1:30 Parachute Exercise	15 10:00 5 Alive 11:00 Catholic Mass (R) 12:45 Tactile Textures 1:30 Aromatherapy	16 10:00 5 Alive 12:45 Grace Lutheran Worship Team 1:30 Balloon Swat	17 10:00 Linda on Keyboard 12:45 Hand Rubs 1:30 5 Alive	18 10:00 B-I-N-G-O 12:45 Sit and Be Fit 1:15 Brain Teaser
Astrological Signs Pisces: Feb 19 - Mar 20 Aries : Mar 21 - Apr 20	20 Spring Begins 10:00 5 Alive 12:45 Lotion Rubs 1:30 Read Out Loud	21 10:00 5 Alive 12:45 Music Mayhem 1:30 Colors and Sounds	22 10:00 5 Alive 12:45 Short Stories 1:30 Bible Hymns	23 10:00 5 Alive 12:45 Ribbon Dance 1:30 Making Music	24 10:00 5 Alive 12:45 Balloon Swat 1:30 Tactile Textures	25 10:00 Jay Cee's Bingo 12:45 Sit and Be Fit 1:15 20 Questions
Happy St. Patrick's Day	27 10:00 5 Alive 12:45 Ball Pass 1:30 United Praise Team	28 10:00 5 Alive 12:45 Bible Hymns 1:30 Parachute Exercise	29 10:00 5 Alive 12:45 Hand over Hand Basket Toss 1:30 IN2L Lifelong Learning	30 10:00 5 Alive 12:45 20 Questions 1:30 Colors and Sounds	31 10:00 5 Alive 12:45 Categories 1:30 Laughter is the Best RX	Red Room (R) Main Campus Dining Room (D) Events and Locations are Subject to Change Volunteers Visit Daily