

Welcome Solutions and Sage Advice for Seniors and Their Families

Home Care • Adult Day Services • Rehabilitation
Assisted Living • Long-Term Care • Memory Care



SAGEPOINT SENIOR LIVING SERVICES • 301-934-1900

Adult Day Services, Rehabilitation, Long-Term Care, Memory Care
Main Campus ▶ 10200 La Plata Road • La Plata, MD 20646



SAGEPOINT GARDENS ASSISTED LIVING • 301-934-0222

123 Morris Drive • La Plata, MD 20646



SAGEPOINT VILLAGE ASSISTED LIVING: COMING SOON

Washington Avenue • La Plata, MD

SAGEPOINT HOME CARE • 410-257-1900

Serves Charles, Calvert and St. Mary's Counties

www.SagepointCare.org



See Why Generations of
Southern Maryland Families
Have Trusted Us
for Senior Care Solutions.



Senior Care Can Be Complicated. Count on Us for Sage Advice & Options.

Finding the right senior care services can be challenging and stressful for the whole family—especially if you need to act quickly. How do you begin to address the emotional, health and financial challenges? Where can you turn for the right level of services and care, and comfortable, welcoming environments?

You can turn to us. For more than 40 years, we've been providing sage advice and excellent care to Southern Maryland seniors and their families.

100%
Recommended

The Maryland Healthcare Commission conducts an annual survey of families with loved ones who reside in Maryland nursing centers. Families were surveyed on the quality of care. In 2014, **a remarkable 100% of families said they'd recommend Sagepoint.**

Our Experienced Advisors Will Point You to the Best Options.

Our team of Sagepoint Advisors can help assess your situation and recommend the right care and environment.



Let's Talk About What's Right for Your Needs — Today and Tomorrow.

Just knowing that you have someone to talk to, who will walk you through the world of senior care options, can make all the difference. Our advisors are all great listeners with a passion to serve. We can even put a "what if" plan in place if care needs change over time. Whether we're the right answer for you or not, we will help you consider:

Level of support or care. What type of services are needed? How much assistance or supervision? Are there special health considerations? How can we coordinate with your physicians and providers?

The right fit. What special interests and preferences should we know about? What activities, meals or social interactions will provide a more comfortable experience? How will we monitor health and well-being, and communicate with your family about care updates?

Affordability. What are the potential costs involved? What's included for different options? What insurance, Medicare or other financial assistance is available?

We've helped generations of Southern Maryland families.

Let us help you, too. Call 301-934-1900 for a personal consultation.

Solutions for Every Stage of Senior Care

Sagepoint offers a continuum of services that no one else in the region can match. At every point in senior care, you can rely on a wide array of services, innovative programs and homelike environments. For you, that's peace of mind today. And it also means we can continue to serve your loved one and family if your care needs change.



Home Care

Home Care offers superior assistance for seniors in the most convenient location ever—right in the comfort of their home. Companion, Personal and Respite services give seniors greater independence and families more peace of mind.

- Companion Care: Help with everyday chores—light housekeeping, meals and errands.
- Personal Care: Skilled care by Certified Nursing Assistants (CNAs) to support walking, bathing, dressing and medication reminders.
- Respite Care: Assistance when caregivers need to be away or need a break.

410-257-1900



Adult Day Services

Sagepoint offers welcome support for families with a loved one who needs supervision and medical services during the day. We serve elderly individuals with chronic health issues or memory loss, and people 16 and older with intellectual disabilities.

- Meals and personal assistance from licensed professionals.
- Physical activity, mental and sensory stimulation for an active day.
- Safe, structured environment.
- Assistance Monday through Friday, and half-days on Saturday.
- Transportation services, including wheelchair lift vans.

301-934-6753



Rehabilitation

Sagepoint's rehabilitative short-term care excels in clinical expertise and quality services. We focus on each person's abilities to help patients achieve their highest level of independence and get back to life. Our team of rehabilitation professionals work closely with patients to develop individualized programs to restore mobility and vitality.

- Physical Therapy.
- Occupational Therapy.
- Speech Therapy.
- Staff has specialized training in: Pain Management, Restorative Care, Infection Control, Wound Care, Ongoing Rehabilitative Needs.

301-934-1900



Assisted Living

Our close-knit community is welcoming and friendly. Each resident receives personalized help with activities of daily living, encouraging independence and interaction. Our staff gets to know residents' special interests and preferences. And ongoing assessments support aging in place.

- Private room and bath.
- Full-service dining.
- Recreational and therapeutic activities.
- Carefully designed and monitored individual plans of care.

301-934-0222



Long-Term Care

Our long-term care excels in clinical quality. We also know that respect, compassion and responsiveness are as important as great care. No wonder 100% of our families would recommend Sagepoint for long-term care.

- Experienced staff with high staff-to-resident ratio.
- A secure, safe community that's welcoming for families, with activities and common areas.
- Delicious, "comfort food" meals, tableside service.
- Clean, comfortable environment.
- Private rooms and respite care services available.

301-934-1900



Memory Care

This state-of-the-art home offers a carefully designed environment for those needing Alzheimer's disease or dementia care. Every aspect helps residents to live safely and happily, with attentive supervision delivered by trained specialists.

- Personally tailored programs and services.
- Private furnished rooms with bathrooms.
- Staff specially trained in memory care.
- Social and community activities.

301-392-5180



Trusted Caregivers with a Passion to Serve

It takes a special person to be a Sagepoint care provider. Our management team and our caregivers care deeply about serving seniors and their families. Compassion, respect, nurturing, competency and innovation are in our core values. Our mission-driven purpose also helps us attract—and retain—highly qualified staff who share our philosophy.

The lasting relationships we build with your family can have a tremendous, positive impact—on your loved one's well being and the whole family's peace of mind.



Medicare five-star rating

Sagepoint recently received a five-star rating from the Centers for Medicare & Medicaid Services (CMS), the highest rating possible. This rating system relies on rigorous site visits and performance data, including health inspections, staffing and quality measures.

A Nonprofit, Community-Focused Mission

For more than 40 years—formerly as CCNRC and Abbey Manor—we have successfully served the needs of Southern Maryland families. Over that time, we've built strong relationships with local health providers, faith organizations and community resources, all of which extend our circle of care. And as a nonprofit organization, we're uniquely able to reinvest our resources into better serving our residents and community, rather than for-profit investors.



"Everyone who cared for me did so with tenderness, a loving spirit and professional service. All the staff made my stay a wonderful experience. My family and I cannot thank you enough for helping me heal."

— Rose Goode

How can we help you and your family?

Call our Sagepoint Advisors for
a free personal consultation, and
in-home or hospital pre-discharge visit.

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