



Contact: Kelsey Pearson  
Tel. 301.934.1900  
Email: [KPearson@SagepointCare.org](mailto:KPearson@SagepointCare.org)  
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FOR IMMEDIATE RELEASE

**DO YOU HAVE CONTROL OF YOUR HEALTHCARE DECISIONS?  
Community Discussion on the Importance of Advance Directives**

Sagepoint Senior Living Services is pleased to present Paul Ballard, J.D., Assistant Attorney General and Counsel for Health Decisions Policy, for a discussion on what advance healthcare directives are and why they are so crucial for everyone to have. The discussion will cover how you can take control of your healthcare decisions by creating an advance directive. Should a situation ever arise where you are no longer able to make healthcare choices yourself, having an advance directive can provide great comfort to you and your family.

This free event will be held Wednesday, June 24th from 5:30-7:00 pm at Sagepoint Senior Living Services (10200 La Plata Road, La Plata, MD 20646). Though the event is free, we ask that you RSVP at <http://bit.ly/AdvanceDirectiveSeminar>. We hope that you will benefit from this informative session and find it useful for you and your family. Adults as well as their adult children are highly encouraged to attend. Consider coming with a friend.

*Making Sense of Living Wills and Other Advance Directives* is the first of Sagepoint's Community Education Series. The purpose of this series is to help educate members of the Southern Maryland community on a variety of topics related to health and aging. President/CEO Bill Holman remarks, "We are excited to host this event as the first of many for our local community. Advance directives are just one of many topics that are not discussed often enough but are extremely important. We hope this session will convey the importance of advance directives and why everyone should have one."

**About Sagepoint Senior Living Services**

Sagepoint Senior Living Services, formerly CCNRC, has been providing excellent care and trusted advice to seniors and their families in Southern Maryland for more than 35 years. Today we continue to grow in service and offer an unmatched breadth of trusted care solutions. To learn more, visit [www.SagepointCare.org](http://www.SagepointCare.org), or call us at 301.934.1900.

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