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FOR IMMEDIATE RELEASE

## SAGEPOINT ADULT DAY PROGRAM CELEBRATES 30 YEARS OF CARE Sagepoint Senior Living Services Celebrates Adult Day Program

On July 15, 2015, Sagepoint Senior Living Services' Adult Day Program celebrates 30 years serving the citizens of Charles County. Originally funded as a collaborative effort of the Charles County Nursing Home, Charles County Health Department, and Charles County Mental Health Center, the program began serving just one participant and has since expanded to a capacity of 63 persons per day. Since its inception, Sagepoint's Adult Day Program has proudly served more than 680 participants!

Adult Day Services is a community program offered by Sagepoint Senior Living Services in La Plata. Since 1985, this program has offered supervision with daily activities from simple assistance to total care, physical and occupational therapies available on site, monitoring of medical diagnoses and medication administration, health checks such as blood pressure, blood sugar, and lab work, and nutrition consultation and weight monitoring.

Whether you're working or just need a day to take care of things, you can count on a safe, structured environment where your loved one's health and well-being can be monitored by licensed health care providers. It's the kind of assistance that can help you keep your loved one living at home. What's more, we make our day care as convenient as possible for families operating Monday through Saturday and providing transportation services!

### **About Adult Day Services**

Sagepoint Adult Day Services offers welcome support for families with a loved one who needs supervision and medical services during the day. Open Monday to Friday, 6:30 a.m. to 5:30 p.m., we serve elderly individuals with chronic health issues or memory loss, and people 16 and older with intellectual disabilities. Whether you're working or just need a day to take care of things, you can count on a safe, structured environment where your loved one's health and well-being can be monitored by licensed health care providers.

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